



Donald R. Yance Jr. MH, CN, AHG, SFO

Donald Yance, founder of the Centre for Natural Healing, is an internationally renowned herbalist and nutritionist. Mr. Yance received his herbal training through Sequoia College and is a professional member of the American Herbalists' Guild. He was trained as a clinical nutritionist through the National Institute of Nutritional Education and holds national certification through the National Association of Nutrition Professionals (NANP). As well, he is a longstanding member of the Franciscan Order (SFO), which endows him with the gift of spiritual counsel. Through extensive research and nearly 20 years of clinical practice, Mr.

Yance developed his unique Triphasic system, which forms the cornerstone of the Centre for Natural Healing's clinical approach. This wholistic therapeutic methodology is rooted in American Eclectic herbal tradition, constitutional energetics and contemporary clinical nutrition, continuously honed by the latest scientific research at molecular, cellular and genomic levels.

Mr. Yance is the author of Herbal Medicine, Healing and Cancer (1999 McGraw Hill Publishing), Thriving Beyond Surviving to be released in 2008, and the co-author of Dr. Earl Mindell's Russian Energy Secret. He has contributed to several books including The Complete Aromatherapy Handbook, by Suzanne Fisher-Rizzi, Breast Cancer? Breast Health!, by Susun S. Weed, My Healing from Breast Cancer, by Barbara Joseph, MD, and Total Breast Health, by Robin Keuneke. He writes and reviews articles for several medical, nutritional and herbal journals including *Journal of the American Herbalists Guild*, *Alternative Medicine Journal*, *Protocol Journal of Botanical Medicine*, *Prevention Magazine*, *Vegetarian Times*, *Self Magazine*, and *Total Health*. In addition, Mr. Yance is an editorial board member for *Integrative Cancer Therapies* and an advisory board member of the *Martha Stewart Center for Living at Mount Sinai*.

Donald is also the founder, president and formulator of Natura Health Products. Natura products promote optimal health and well-being using uniquely formulated herbal and nutritional formulas of the finest quality. Recently, Mr. Yance started a non-profit organization called the Mederi Foundation ("to heal and become whole") that will support a holistic health clinic, professional education and training services, and a clinical research department.

Mr. Yance has lectured for both patients and health care providers at hospitals and conferences throughout the country including; Stamford, Norwalk and Bridgeport Hospitals and the Southern Fairfield County unit of the American Cancer Society in Connecticut, Westchester Medical Center in New York State, Yale's ECAP Center, Rogue Valley Medical Center and Providence Hospital in Oregon, and The Center for Hope cancer support group in Darien, Connecticut. Conferences include: NIH Comprehensive Cancer Care, The American Herbalists Guild Symposiums, Medicines from the Earth Symposiums, The Northwest Herbal Symposium, International Herbal Conference, The New York Open Center Comprehensive Cancer Care, Green Nations, Breitenbush Herbal Conference and Oregon Herb Festival. He has appeared on many radio shows and television programs, including the nationally televised show, "Martha Stewart Living".