

Jonathan Treasure, MA, MNIMH, RH (AHG), Dip Phyt.

Jonathan Treasure was born in 1948 in England. Attracted by the emerging molecular biology that was then transforming life sciences, Jonathan entered King's College Cambridge in 1967 to read biochemistry, but soon switched to medicine, majoring in neuroscience. However, he rapidly became disillusioned with the limited philosophical views and reductionist therapeutic strategies of biomedicine. He eventually abandoned a medical research career and left Cambridge with a Masters degree in medical sciences and became increasingly involved in the meditation methods and philosophy of Tibetan Buddhism.

The Buddhist approach to the nature of mind, illness and healing soon kindled his interest in non-conventional therapies, especially the use of plants as medicine. He decided to study herbalism and attended the well-known but now defunct UK School of Phytotherapy (Herbal Medicine) in Sussex, England, run by the late Hein Zeylstra. He then was elected a member of the UK professional herbalist organization - the National Institute of Medical Herbalists (NIMH) and continued to live and work in London. After moving to the Pacific Northwest from England in 1994 he was elected a professional member of the American Herbalists Guild (AHG), and became the Senior Editor of the AHG Journal, maintaining his private clinical practice in Eugene, Oregon.

In 1999 Jonathan joined his colleagues integrative oncologist Dwight Mckee and cancer survivor Dr Joy Craddick in a practice devoted to exploring and developing the emerging "integrative oncology" model of cancer care. During this period Jonathan trained as a cancer guide with Dr Jim Gordon's Center for Mind-Body Medicine, and began developing a protocol for the use of artemisinin (from the herb *Artemisia annua*) as a botanical anticancer agent, as well as applying his knowledge of herb-drug interactions to developing botanical formulae to support patients using conventional chemotherapies and radiation. By now relocated to Southern Oregon, Jonathan met Donald (Donnie) Yance, and learned first-hand about the depth of experience and clinical success that Donnie had accumulated over many years of using botanical medicine for people with cancer. Jonathan now enjoys a close and fruitful working relationship with Donnie at the Centre for Natural Healing (CNH) in Ashland, where, as a knowledgeable proponent and exponent of Yance's developing Eclectic Triphasic model of treatment, he has a major role in introducing new patients into CNH's busy clinical practice.

Although not officially describing himself as a Buddhist, Jonathan offers a rare combination of traditional western herbal knowledge with an erudite grasp of modern medical science within an integrative framework that combines a commonsense approach with an awareness of the importance of spiritual well-being in health and healing, packaged with a typically English sense of humor which he tries, often unsuccessfully, to control. He is very at home with the diversity and divinity of herbal medicine and can draw eclectically on a wide range of resources and traditions his clinical work - from Mayan plant spirit healing to Bach's English Flower Remedies - at the same time always incorporating up-to-the-minute scientific research findings to fine-tune botanical and nutritional protocols for people with cancer.

Somewhat reclusive, Jonathan can sometimes be seen practising Tai Chi in Ashland's Lithia Park, or riding a lightweight bicycle around the Southern Oregon countryside, still trying to figure out how the common English roadside weeds grew so huge in America. He is an author of the Mosby medical textbook - *Herb-Drug, Nutrient Drug Interactions*. Less formally, he writes an irregular column, *Herbal Hypotheses*, and a series of book reviews - *HerbalBookworm*, as well as an irreverent herbal blog called *HERBLOG*, all available on his own web site - accessible at www.herbological.com. He is a member of the Scientific and Advisory board of The Life Extension Foundation, and of Donnie Yance's Mederi Foundation.